

# MOM'S "Sawí-tea"

Volume 9 Issue 2

February 2010

## Keeping Your Children Safe from Child Predators

Oswego Area Mothers & More Newsletter

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Oswego Police Officer Matt Flemming will speak about tools you can use to protect your children from child predators. Learn how to access Oswego's Sex Offender Registry and how to educate your children on what to do if they are approached by a "stranger". Also, there will be plenty of time for an informal question and answer session. Officer Flemming will do the best he can to answer any and all questions you might have for the Oswego Police Department including which Officers are assigned to patrol Oswego's various neighborhoods. (Did you know you had a patrol officer assigned to your subdivision?)

Please join us at The South Point Park District Bldg (810 Preston Lane),  
**Tuesday February 9th @ 7:30pm.** Please come out for a fun and relaxing evening! All members and the public are welcome to join us for this event!

### Mothers & More Mission

Mothers & More is a non-profit organization dedicated to improving the lives of mothers through support, education and advocacy.

We address mothers' needs as individuals and members of society, and promote the value of all the work mothers do.

### Inside this issue:

Program Night	1
Mission Statement	1
Playgroup News	2
Social Events	2
Calendar	2

### Upcoming Events

- Recipe Night
- Mom/Tot Outings
- Program Night
- Coffee Clutch
- Mom's Morning/ Night Out

(Please see our calendar of events on the back page.)

## Spring Clothing & Toy RESALE

Saturday, February 27 8am-1pm @ Boulder Hill Elementary. \$1 at door. Bake Sale. Sponsored by Mothers & More and Boulder Hill PTA.

Contact [251resale@yahoo.com](mailto:251resale@yahoo.com) for more info.

A Special

Thank You to:

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The Oswego Area Chapter of Mothers&More currently has over 80 members from Oswego and other nearby communities including Aurora, Plainfield, Yorkville, and Montgomery. Some members are first-time mothers who have recently left the paid workforce, while others are seasoned mothers. Join us NOW for informative meeting nights, playgroups, mom's nights out, book club, recipe nights, mom & kid outings, and more!

## Contact us for more information!

Mothers & More Oswego Area Chapter

Visit our website at

[www.mothersandmoreoswego.com](http://www.mothersandmoreoswego.com)

[mothersandmoreoswego@yahoo.com](mailto:mothersandmoreoswego@yahoo.com)

*Mothers and More is not intended for medical and/or psychological care for those in need of such care for themselves or their children. Although every measure has been taken to ensure information in this Mothers and More report is complete and accurate, no Mothers and More member, past or present shall be liable for any damages resulting from the use and/or misuse of information contained therein.*

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30am Coffee Clutch	2	3	4	5	6
7	8	9 6:30 Chapter Meeting	10	11	12 9:00am Valentines Coffee Clutch	13
14	15 11:00am Mom & Kid Outing—	16	17	18 7:30 Book Club	19 7:00pm Mom's Destress Event—	20
21	22	23	24	25 7:00pm Bunco	26 4pm-9pm Resale Set-up and Pre-	27 8a,-1pm RESALE
28						

**Playgroup News:** Are you interested in joining a playgroup? Need to find moms that you have something in common with? Want to find moms with kids the same age as your kids? Contact Rebecca K. and she will see if there is a playgroup to fit your needs. Mothers & More—there for your playgroup needs!

## Social Schedule—Regular Monthly Activities

**Recipe Club** - *Members meet the first Monday of the month at a member's home to share recipes and sample dishes based on a theme.* The theme this month is "Eat This Not That." Let's make good on that New Year's Resolution to Eat better and learn how to transform your favorite food into a healthy alternative.

**Program Nights** - *Always meets for an informative topic on the second Tuesday of each month.* This month's program is "Protecting your Children from Strangers/Child Predators." See page one for more details.

**Coffee Clutch** - *Let the kids play while you and other mom's chat and catch up with each other.*

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*If you are interested in joining the Oswego Chapter of Mothers and More, or have any questions, including upcoming events or membership, please check out our local website at [www.mothersandmoreoswego.com](http://www.mothersandmoreoswego.com). Or the National Office at [Nationaloffice@Mothersandmore.org](mailto:Nationaloffice@Mothersandmore.org), or call the National Office direct at 630-941-3553. They will be able to direct you to the chapter closest to you. Please feel free to join us at some of the above events. We look forward to seeing you!*